



Clear Fork High/Middle School Menu November, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
October 29 Breakfast: Cereal & String Cheese Lunch: Mini Corn Dogs Seasoned Potato Wedges Applesauce Milk	30 Breakfast: Biscuits & Gravy Lunch: Beefy Cheese Nachos w Salsa Sour Cream, Lettuce Corn / Black Beans Sorbet Cup Milk	Oct. 31 Breakfast: Sausage & Cheese Breakfast Pizza Lunch: Ravioli Breadstick Green Beans Peaches Milk	Nov. 1 Breakfast: Glazed Donut Lunch: French Toast Sausage Links Potato Triangles Orange Juice Milk	2 Breakfast: Apple Muffin Lunch: Pizza Tossed Salad Carrot Sticks w Ranch Apple Milk
5 Breakfast: Pop Tarts Lunch: Sweet & Sour / General Tso Chicken Broccoli Steamed Rice Mandarin Oranges Milk	6 Breakfast: Bacon & Egg Breakfast Pizza Lunch: Bosco Sticks w/ sauce Green Beans Peaches Milk	7 Breakfast: Cinnamon Roll Lunch: Cheeseburger Deluxe Lettuce, Tomato Pickle, Onion Seasoned Potato Wedges Fruit Cocktail Whip Milk	8 Breakfast: Donut Hole & String Cheese Lunch: Mac & Cheese (Traditional or Queso) Roll w Margarine Steamed Broccoli / Peas Apple Milk	9 Breakfast: Yogurt & Goldfish Grahams Lunch: Chicken & Cheese Quesadilla Lettuce, Salsa, Sour Cream Corn / Black Beans Sorbet Cup Milk
12 Breakfast: Apple or Cherry Frudel Lunch: Chicken Patty on Bun Tater Tots Strawberry Cup Milk	13 Breakfast: Pancake Wrap Lunch: 2 Beef Soft Tacos w Cheese, Salsa, Sr Cream, & Lettuce Refried Beans / Corn Applesauce Milk	14 Breakfast: Mini Pancakes Lunch: Pepperoni Calzone Green Beans Mandarin Oranges Milk	15 Breakfast: Bagel & Cream Cheese Lunch: Salisbury Steak in Gravy Mashed Potatoes Broccoli Apple Crisp Milk	16 Breakfast: Apple Muffin Lunch: Pizza Caesar Salad Apple Milk
19 Breakfast: Yogurt & Goldfish Grahams Lunch: Chicken Nuggets & Roll French Fries Peach Cup Milk	20 Breakfast: Omelet & Apple Muffin Bread Lunch: Cook's Choice Milk	21 No School	22 Happy Thanksgiving 	23 No School
26 No School	27 Breakfast: Cereal & String Cheese Lunch: CF Chicken Bowl (popcorn chicken, mashed potatoes w gravy, corn) Biscuit Orange Milk	28 Breakfast: Bacon & Egg Breakfast Pizza Lunch: Toasted Cheese Sandwich Tomato Soup Pickle Spear Sorbet Cup Milk	29 Breakfast: Cinnamon Roll Lunch: Frito Flip Corn/Black Beans Peaches Milk	30 Breakfast: Pancake Wrap Lunch: Pizza Caesar Salad Applesauce Milk

***Breakfast includes milk and choice of fruit or 100% fruit juice**

***Accessing your Child's Cafeteria Account* If want to know your child's cafeteria account balance, see what they are purchasing, or make payments to the account using a bank card or electronic check, sign up today for "PAY FOR IT" on our district website www.clearfork.k12.oh.us**

***Menu may change due to availability of products. "Offer vs. Serve" is a provision of the National School Lunch Program that allows students to refuse up to two items of the lunch menu and one item from the breakfast menu. If a child refuses one or two items the full price is still charged, therefore we encourage students to take the full meal. Lunch Prices are: Elementary School = \$2.75; Middle School = \$3.00; High School = \$3.00 Adults = \$3.00. Breakfast prices are: Elementary School = \$1.00; Middle School = \$1.50; High School = \$1.50.**

"This institution is an equal opportunity provider"